

RAFFLES GIRLS PRIMARY SCHOOL

Programme for Active Learning (CCE)

Curriculum Briefing



Rootedness and Growth through Play & Share



Introduction

PAL in RGPS

Our Curriculum and unique activities to bring out Social
Emotional Competencies and CCE Values



PAL Characteristics



Experiential in nature

- Hands-on and meaningful
- Reaction time to express thoughts and feelings

Provides opportunities for children to create

- Allows for active participation
- Time and space provided

PAL CHARACTERISTICS

Encompasses learning in a creative way

- Space to explore and apply skills and concepts
- Deepen learning
- Make connections

Incorporates values education and social-emotional learning

- Inculcate values
- Develop SEC

Fun and enjoyable

- Age-appropriate
- Captivate interest
- Process of learning, thinking and doing



Ignite the joy of learning in students

- enrich students' experiences
- meaningful play and learning
- **3C**- confidence, cooperation, creativity
- deepen sense of rootedness through the deliberate planning of activities tied in to the NE theme



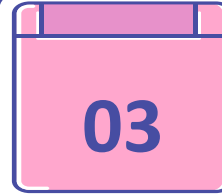
PAL Modules



Visual Arts

**P1: You, Me and
Our Little Red Dot**

◆ Learn about the unique places in SG and use them as inspiration for their work



Sports & Games

**P1: Lost in Time –
Past to Future** ◆
P2: Back from Future

Learn about the journey of SG and use games to practice the values



Performing Arts

P1: Our Music Journey ◆
**P2: Music Across
Cultures**

Learn about the music and dance from different cultures in SG



Outdoor Ed.

**P2: Loving Our
Outdoors** ◆

◆ Learn about the environment and community in school



All modules take on a **Discovery Journey** as a context of play and having fun,

- Platform to explore and engage their 5 senses
- Opportunities to strengthen SE competencies & RGPS Girl dispositions through
 - a) Active Learning;
 - b) Inquiry-based Learning;
 - c) Experiential Learning; and
 - d) Experiential-Inquiry Learning






Every lesson encompasses -

1. Problem-based situational activities. 
-  2. Facilitation Questions after each activity
3. Reflections & discussions

*It is **NOT** about teaching a skill nor completing a product,
but exposing students to different social experiences/
settings*



The Flow of each Module – SEC Strand



1

- Knowing Myself –Self Awareness & Management theme

2

- Knowing Others – Social Awareness Themes

3

- How we Live together -Relationship Management & Decision Making Themes



Project Positivity infused in PAL



RGPS has created a 'Growth Mindset for the Family' programme

to

- Help children learn about well-being skills (with a focus on Growth Mindset in P1) with the support of their parents/guardians
- Develop more positive and nurturing relationships between parents and their children at home



Project Positivity infused in PAL



Overview of Growth Mindset Topics for P1 & P2

1. Identifying Feelings
2. Talking about Negative Feelings
3. Understanding our Thoughts and Feelings
4. Growth Mindset: We can Improve with Effort
5. Growth Mindset: We can Grow from Challenges
6. Growth Mindset: We can Learn from Others



Support from Parents ♦



- ensure your child comes in PE attire on PAL days
- Water bottle, wet wipes
- ♦ Project Positivity :
To measure the effectiveness of the programme and improve future programmes for your child, we hope you can support us in completing the [pre-survey questionnaire that will be sent out via the February PG](#)
- [Practice Growth Mindset](#) with your child/ward by completing the [Parent-Child activities](#) assigned during PAL lessons



PAL in Action

Our Journey PAL in RGPS
Activities in our different modules.



